

THE BLUE BOWL
STEAK & SEAFOOD WEDNESDAYS

A Selection of Fresh Seafood and Steak Main Dishes
Choose a Main dish and get a Fresh Seafood Started or Homemade Dessert for FREE
Really Hungry Add a Third Course for ONLY £4

Leek & Potato Soup

Prawn Cocktail with a Twist

Fresh Prawns bound with Cucumber & Apple in a Marie Rose Sauce

Lightly Dusted Calamari

Mixed Leaves and A Sweet Chilli Mayonnaise

King Prawn Saganaki

King prawns baked in a Chilli Garlic & Tomato Sauce topped with Crumbed Feta

Seafood Crepe

Fresh Seafood in a White Wine & Garlic Cream topped with Gratinated Cheddar

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8oz Longhorn Sirloin Steak

10oz Longhorn Rump Steak

Local Lamb Leg Steak

Middle White Pork Chop

All Steaks come with Chips, Onion Rings & Peas

Seabass Fillet

Dauphinoise Potato with a Sundried Tomato & Pesto Cream

Salmon Fillet

Crushed Buttered New Potatoes with a Cream Herbed Hollandaise

Seafood Linguini

Scallops, King Prawns, Cod & Mussels, Creamy White Wine Sauce with Linguini, Parmesan, Garlic Bread

Vegan Beetroot Wellington

Ratatouille and a Provencal Sauce

All Seafood Main Dishes comes with Seasonal Vegetables

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Chocolate Brownie & Vanilla Ice Cream

Apple & Raspberry Crumble & Custard

Baileys Croissant Bread and Butter Pudding & Vanilla Ice Cream

Raspberry Ripple Cheesecake

Vanilla Crème Brule & Choc Chip Cookies

Vanilla, Salted Caramel & Honeycomb Ice Cream

2 Courses £18.50

2 Courses £22.50

Menu Changes Weekly to offer Variety